

The Association of Women Lawyers *presents*  
*Renaissance at the Rimrock*  
*exclusively for women lawyers*

October 14-16, 2005  
The Rimrock Hotel, Banff

*REVIVE... REFRESH... RENEW... YOUR SPIRIT IN THE COMPANY OF YOUR PEERS*

---

*You* are cordially invited to join your friends and peers at the first annual weekend retreat exclusively for women lawyers and law students, presented by the Association of Women Lawyers. We are planning a weekend with a variety of interesting and fun events, demonstrations, workshops, panels and roundtable discussions. But the best thing about this retreat is: it's all about YOU and what YOU want! Grab a friend, old or new, and go shopping in Banff. Pamper yourself with a treatment or two in the Rimrock's spa. Curl up in a window seat with that novel you haven't had a chance to read. Take a break from your professional responsibilities - or your studies - in the company of women who understand the challenges you face.

*The* cost of this blissful weekend - two nights accommodation at the luxurious Rimrock Hotel, a welcome reception on Friday night, all meals on Saturday including a gala luncheon, Sunday brunch and seven program choices - is only \$400.00, for double accommodation, or \$575.00 for single accommodation. We also have pricing options for 3 or 4 in a room (how long has it been since you've been to a slumber party?), and for only one night, or no nights, accommodation.

*Invite* all the women lawyers or law students you know to join us - they don't have to be an AWL member or even live in Calgary. Come with friends, or acquaintances that you would like to become friends. Or read the next page for ideas you can present to your firm or company. But you must act soon. October seems a long way away, but in order to assure yourself a place at our special price, you must book soon. Attached are registration forms for yourself alone, or for a group. Don't just put this away to think about later - *act now!* And then check out [www.rimrockresort.com](http://www.rimrockresort.com) to see all of the features of this luxury resort, and make your spa appointments.

The Association of Women Lawyers *presents*  
*Renaissance at the Rimrock*  
*exclusively for women lawyers*

October 14-16, 2005  
The Rimrock Hotel, Banff

**REVIVE... REFRESH... RENEW... YOUR SPIRIT IN THE COMPANY OF YOUR PEERS**

---

Let the Association of Women Lawyers assist your firm or company with two important initiatives:

- Organize a special event between your women lawyers and your women clients
- Organize a special team-building event for your women professionals

On October 14-16, 2005 the Association of Women Lawyers will host the first annual weekend retreat for women lawyers: Renaissance at the Rimrock, in Banff, from Friday evening through Sunday noon. Send your women lawyers to our weekend retreat and let us help you plan an additional event exclusive to your firm, as a marketing initiative or a firm activity.

Have you noticed how many in-house counsel at your best clients - or marketing targets - are women? Are you still inviting them to hockey games and golf tournaments? Consider treating them to a special weekend in Banff, including an exclusive entertainment hosted by the women in your firm. Or consider a weekend for your professional women which includes a special program to promote team-building and bonding. More and more firms are recognizing the benefits of both firm activities and marketing events directed exclusively at women.

Events can be as simple as a special dinner or entertainment Friday night, a full day of activities on Friday, or a half day on Friday or Sunday afternoon. A trip to the spa; an exclusive program; a time to connect and bond. Tell us what you want or let us suggest alternatives. Let us do the work and let your firm reap the benefits. Cost based on actual activities selected.

Interested? To discuss the possibilities contact Kathleen Fraser at 519-1795 or [integralactions@shaw.ca](mailto:integralactions@shaw.ca), or Marcia Johnston at 444-4413 or [mjohnston@jedoil.com](mailto:mjohnston@jedoil.com).

The Association of Women Lawyers *presents*  
*Renaissance at the Rimrock*  
*exclusively for women lawyers*

October 14-16, 2005  
The Rimrock Hotel, Banff

*REVIVE... REFRESH... RENEW... YOUR SPIRIT IN THE COMPANY OF YOUR PEERS*

TENTATIVE SCHEDULE

|                        |                  |                              |
|------------------------|------------------|------------------------------|
| <i>FRIDAY, OCT. 14</i> | 4:00 - 8:00 PM   | CHECK IN                     |
|                        | 8:30 - 10:30 PM  | WELCOME RECEPTION            |
| <i>SAT. OCT. 15</i>    | 8:00 - 9:00 AM   | BREAKFAST                    |
|                        | 9:00 - 10:15 AM  | WORKSHOP*                    |
|                        | 10:30 - 11:45 AM | WORKSHOP*                    |
|                        | 12:00 - 2:00 PM  | LUNCHEON AND KEYNOTE SPEAKER |
|                        | 2:15 - 3:30 PM   | WORKSHOP*                    |
|                        | 3:45 - 5:00 PM   | WORKSHOP*                    |
|                        | 5:00 - 6:30 PM   | FREE TIME                    |
|                        | 6:30 - 7:30 PM   | DINNER                       |
|                        | 7:45 - 9:00 PM   | WORKSHOP*                    |
| <i>SUNDAY, OCT. 16</i> | 8:00 - 9:30 AM   | BREAKFAST                    |
|                        | 9:45 - 11:00 AM  | WORKSHOP*                    |
|                        | 11:00 AM         | CHECK-OUT                    |
|                        | 11:15 AM - 12:30 | WORKSHOP*                    |

Note: \* - "workshops" will consist of a variety of formats: speakers, demonstrations, panels, roundtable Q&A discussions and physical activities, and will cover a variety of topics including professional issues, self-discovery and life balance, health and wellness, leisure and fun.

Price: \$400.00 per person, based on double occupancy; includes two nights at the Rimrock; welcome reception Friday evening; breakfast, lunch and dinner on Saturday; breakfast on Sunday; keynote speaker, and 7 workshops/programs.

The Association of Women Lawyers *presents*

# *Renaissance at the Rimrock*

*exclusively for women lawyers*

October 14-16, 2005

The Rimrock Hotel, Banff

***REVIVE... REFRESH... RENEW... YOUR SPIRIT IN THE COMPANY OF YOUR PEERS***

## REGISTRATION FORM

(Single Person)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Work Phone #: \_\_\_\_\_ Home Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

- Package\* Cost: \$400.00 including two nights double accommodation
- I will share a room with \_\_\_\_\_
- or
- Please find a roommate for me.

or

- Package\* Cost: \$575.00 including two nights single accommodation

- Yes, I am interested in knowing the rate for bus transportation.

\* Package includes: 2 nights accommodation, welcome reception, 4 meals, including gala lunch, workshops, programs, fun, free time, great company, silent auction in support of Wings of Hope.

Send the completed Registration Form with a cheque for \$200.00 payable to "Association of Women Lawyers" and a second cheque for the balance of your package postdated to September 15, 2005, to: Marcia Johnston, 2600, 500 - 4<sup>th</sup> Avenue S.W., Calgary, Alberta T2P 2V6. Cancellation policy: refund in full if cancelled by September 14, 2005; no refund after that date, but registration may be transferred to another woman lawyer. To cancel contact Marcia Johnston at 444-4413 or [mjohnston@jedoil.com](mailto:mjohnston@jedoil.com). (Contact Katheen Fraser at 519-1795 or [integralactions@shaw.ca](mailto:integralactions@shaw.ca) for package prices for one night's accommodation, no accomodation,

The Association of Women Lawyers *presents*  
*Renaissance at the Rimrock*  
*exclusively for women lawyers*  
October 14-16, 2005  
The Rimrock Hotel, Banff

*REVIVE... REFRESH... RENEW... YOUR SPIRIT IN THE COMPANY OF YOUR PEERS*

**REGISTRATION FORM**  
(Group)

Firm/Company Name: \_\_\_\_\_

Address: \_\_\_\_\_

Contact: Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

\_\_\_\_\_ Number of registrants for single accommodation - Package\* cost = \$575/woman

Names (attach schedule if necessary): \_\_\_\_\_

\_\_\_\_\_ Number of registrants for double accommodation - Package\* cost = \$400/woman

Names, grouped as roommates (attach schedule if necessary):

\_\_\_\_\_ and \_\_\_\_\_

\_\_\_\_\_ and \_\_\_\_\_

\_\_\_\_\_ and \_\_\_\_\_

\_\_\_\_\_ and \_\_\_\_\_

\_\_\_\_\_ Yes, we are interested in knowing rates for bus transportation.

\* Package includes: 2 nights accommodation, welcome reception, 4 meals, including gala lunch, workshops, programs, fun, free time, great company, silent auction in support of Wings of Hope.

Send the completed Registration Form with a cheque for \$200.00 payable to "Association of Women Lawyers" and a second cheque for the balance of your package postdated to September 15, 2005, to: Marcia Johnston, 2600, 500 - 4<sup>th</sup> Avenue S.W., Calgary, Alberta T2P 2V6. Cancellation policy: refund in full if cancelled by September 14, 2005; no refund after that date, but registration may be transferred to another woman lawyer. To cancel contact Marcia Johnston at 444-4413 or [mjohnston@jedoil.com](mailto:mjohnston@jedoil.com). accommodation or quadruple accommodation, or additional nights.)